

**COUNTY OF LOS ANGELES
PUBLIC HEALTH COMMISSION
January 10, 2019**

**APPROVED
2/14/19**

COMMISSIONERS

Crystal D. Crawford, J.D., Chairperson *
Patrick T. Dowling, M.D., M.P.H. **Vice-Chair ****
Kelly Colopy, M.P.P. **
Alina Dorian, Ph.D. *
Jean G. Champommier, Ph.D.*

DEPARTMENT OF PUBLIC HEALTH REPRESENTATIVES

Dr. Barbara Ferrer, Director of Public Health *
Dr. Muntu Davis, Health Officer **

Sara Guizar, Secretary *
Public Health Commission

PUBLIC HEALTH COMMISSION ADVISOR

Megan McClaire, Chief of Staff *

***Present **Excused ***Absent**

TOPIC	DISCUSSION/FINDINGS	RECOMMENDATION/ACTION/ FOLLOW-UP
<u>I. Call to Order</u>	<i>The meeting was called to order at 10:45 a.m. by Chairperson Crawford, at the Martin Luther King Trauma and Healing Center.</i>	<i>Information only.</i>
<u>II. Announcements and Introductions</u>	<i>Introduction of Commissioners and guests was conducted.</i>	<i>Information only.</i>
<u>III. Approval of Minutes</u>	MOTION: APPROVAL OF MINUTES FOR DECEMBER 13, 2018	<i>Per the Chair's request, the approval of minutes for December 13, 2018, was postponed until the next regularly scheduled meeting.</i>
<u>IV. Public Health Report</u>	<p>Dr. Barbara Ferrer, Director of Public Health, and Ms. Megan McClaire, Chief of Staff, provided the Commission with the Public Health (PH) Report, and discussed Department of Public Health (DPH) activities since the last report on December 13, 2018.</p> <p>UPDATE ON PROGRESS TO ABATE ELEVATED HEXAVALENT CHROMIUM LEVELS IN THE CITY OF PARAMOUNT</p> <p>DPH was instructed by the Board of Supervisors (Board), to report back on the progress to abate the endangerment posed by elevated hexavalent chromium emissions in the City of Paramount. The report to the Board provides information on following four (4) key elements of the emergency response: air quality monitoring, enforcement, communication and engagement, and rulemaking activity. DPH continues to provide information</p>	

**COUNTY OF LOS ANGELES
PUBLIC HEALTH COMMISSION
January 10, 2019**

and health education materials and outreach to residents of the Paramount community by email, phone, and in-person.

Dr. Ferrer congratulated and welcomed Ms. Crystal Crawford as the new Commission Chair for the Public Health Commission and expressed gratitude to the Commission for their service and support. She also expressed gratitude to Dr. Jan King and staff at the Martin Luther King (MLK) campus, and to Ms. Andrea Welsing of the Injury and Violence Prevention Program (IVPP) for presenting to the Commission on some of the efforts around trauma and violence prevention. She commented on the MLK campus opening of the new Community Healing and Trauma Prevention Center and invited the Commission for a tour of the center.

Dr. Ferrer also provided the Commission with an update on the Charles Drew University (CDU) launch of the careers pipeline program. She informed the Commission regarding the intensive summer academic program that allows high school students to participate in internship programs with community-based organizations, working on justice and health issues. The summer program is meant to emphasize different opportunities for young students to explore health and careers around DPH, Mental Health, medical services, and social work. Dr. Ferrer stated that DPH will continue to support young students involved in the CDU program.

Dr. Ferrer also informed the Commission regarding the future Behavioral Health Services (BHS) building in the MLK campus. The new BHS building will house other county, which will provide inpatient and outpatient services and support for persons with substance use disorders. Dr. Ferrer also informed the Commission about the new Autism Center that will be housed at the BHS building, as well as an expanded Family Support Center for children and families in need of additional support due to out of home placements, and a Family Justice Center for people experiencing violence.

Dr. Ferrer provided the Commission with an update on the following topics:

- Tobacco control initiatives and ordinances for smoke-free facilities
- Board action regarding the Health Agency's director appointment
- DPH's 2019-20 budget submission to the Board, and cost saving measures
- Emergency Response System and legal fees associated with environmental response issues
- Center for Health Equity Action Plan report to the Board

**COUNTY OF LOS ANGELES
PUBLIC HEALTH COMMISSION
January 10, 2019**

	<p>Ms. McClaire informed the Commission about DPH's all staff meeting taking place in January 2019. She stated the purpose is to engage staff regarding the vision, values, and capacity building needs of the Department. Ms. McClaire also provided the Commission with information on the upcoming Community and Population Health Task Force's Liberty Hill training taking place in January 2019. She stated that the training is designed to develop outside/inside strategies on how to become advocates in partnership with government entities. She extended her invite to the Commission for their interest in attending this training. Ms. McClaire provided the Commission with the following information:</p> <ul style="list-style-type: none">• <i>Advocacy opportunities within the commission at the State level</i>• <i>Upcoming County Policy & Legislative Affairs presentation to the PHC</i> <p>Dr. Ferrer provided the Commission with an update on DPH's response and recovery services in areas impacted by the Woolsey Fire. She stated that DPH, in collaboration with the Departments of Public Works and Regional Planning, continues to work to assist residents to rebuild their homes in the areas impacted by the fires, assess those with septic tanks systems and/or water wells, and set up expedited processes for residents who have suffered losses in their properties. Dr. Ferrer also stated that the disaster service centers continue to provide meetings, guidance, and outreach to residents in the areas of the wild fires.</p> <p>Commission Chair Crawford commented on the Woolsey Fire and asked about questions from residents regarding the air quality, long term health implications, and about DPH's outreach services and communication for residents affected by the fires.</p> <p>Dr. Ferrer stated that DPH continues to receive questions from residents affected from the fires. She commented on the thousands of residents forced to evacuate their homes for safety, and on DPH's continued outreach and suggestions for residents affected by the fires, as well as information about safety and debris removal. She commented on the voluntary clean-up programs available for residents to avoid homeowners performing any clean-up of their own. Dr. Ferrer stated that the air quality alerts are performed by the Air Quality Monitoring District (AQMD) in the affected areas.</p> <p>Commissioner Dorian commented on a rebuild committee and challenges around the movement of soil within the affected properties.</p>	<p><i>On January 15, 2019, the Commission Secretary, (Ms. Sara Guizar) provided the Commission with registration information for the Liberty Hill training, including agenda and materials. Two (2) Commissioners attended the training.</i></p>
--	--	--

**COUNTY OF LOS ANGELES
PUBLIC HEALTH COMMISSION
January 10, 2019**

	<p>Commission Chair Crawford suggested providing information to people and asked about any information/materials and Frequently Asked Questions (FAQ's) addressing precautions around the wild fires.</p> <p>Commission Chair Crawford thanked DPH for their PH report and comments.</p>	<p><i>On January 11, 2019, the Commission Secretary provided the Commission with educational materials on the wild fire response and recovery, as well as FAQs and communications on the air quality.</i></p>
<p><u>V. Presentation: Injury and Violence Prevention</u></p>	<p>Ms. Andrea Welsing, Director of the Injury and Violence Prevention (IVP) Division, provided the Commission with a presentation on Trauma: Impact on Health.</p> <p>IMPACT OF VIOLENCE – CRIME, DV, CHILD WELFARE</p> <p>Ms. Welsing thanked the Commission and Dr. Ferrer for the opportunity to present to the Commission on the impacts of trauma in Los Angeles County (LAC). She provided the Commission with a brief update on First 5 LA's collaboration with funders and community-based organizations, on violent crime data, domestic violence data, and data from child welfare services. She also provided the Commission with information on County Departments in LAC involved in trauma informed care and systems change. She commented on LAC's distinct differences around trauma, the various types of violence by community and population demographics, and adverse childhood experiences.</p> <p>SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION's (SAMHSA) CONCEPT OF TRAUMA</p> <p>Ms. Welsing stated that individual trauma results from an event, series of events, or set of circumstances that is experienced by an individual as physically or emotionally harmful or life threatening. She also commented on the adverse effects on the individual's mental, social, emotional, and spiritual well-being.</p> <p>TYPES OF TRAUMA/SOURCES OF TRAUMA</p> <p>Ms. Welsing provided the Commission on the following major types of Trauma: 1) Acute trauma – single event limited in time; 2) Complex Trauma – multiple traumatic events over time, simultaneous or sequential occurrence that is chronic, disrupts development and formation of self; and 3) Historical Trauma – affects generations/populations that have experienced cumulative</p>	

**COUNTY OF LOS ANGELES
PUBLIC HEALTH COMMISSION
January 10, 2019**

	<p>and collective trauma over multiple generations (e.g. Native Americans, Holocaust survivors). She stated that some of the sources of trauma involve interpersonal violence, abuse/neglect, homelessness, and poverty. Ms. Welsing offered the Commission informational handouts regarding Echo Parenting and Education, and Countywide violence prevention efforts. Ms. Welsing also provided the Commission with information on the following charts/graphs:</p> <ul style="list-style-type: none">• <i>Impacts of Trauma</i>• <i>Echo Parenting and Education</i>• <i>Adverse Childhood Experiences Study (ACEs) / Pyramid</i>• <i>Number of ACEs and Risks</i> <p>Commissioner Champommier commented on the impacts of trauma in communities of LAC, the key elements and people's reactions around trauma, and on the levels of trauma (i.e., mental health, family, or community). He also commented on the importance of involving communities in the system of care around trauma.</p> <p>Ms. Welsing expressed the importance of a more trauma informed system, and on ways to help individuals affected to understand trauma. She commented on adverse childhood experiences that can affect an individual's physical and emotional health throughout the life span.</p> <p>Dr. Ferrer commented on solutions to violence and trauma, and on ways to eliminate the sources of violence in trauma particularly in children experiencing trauma.</p> <p>Dr. King informed the Commission about past surveys done by residents in the community and their interest in therapy and family counseling. She stated that currently, a major interest in community residents is the on the healing part of trauma.</p> <p>Ms. Welsing stated that trauma informed care is a strengths-based framework that is grounded in an understanding and responsiveness to the impacts of trauma. She commented on available resources, training, and assistance that the Office of Violence Prevention (OVP) provides to communities impacted by violence and trauma. She also commented on the importance of acknowledging and providing resources to professionals serving these communities. Ms. Welsing provided the Commission with the following informational graphs/charts:</p> <ul style="list-style-type: none">• <i>Trauma Informed Care</i>	<p><i>On January 11, 2019, the Commission Secretary, provided the Commission with the following reports: 1) Key Recommendations Regarding Countywide Violence Prevention Efforts and the Creation of a County Office of Violence Prevention; and 2) Echo Parenting and Education - Impacts of Trauma.</i></p>
--	---	---

**COUNTY OF LOS ANGELES
PUBLIC HEALTH COMMISSION
January 10, 2019**

	<ul style="list-style-type: none"> • <i>Six Core Principals of Trauma Informed Care</i> • <i>DPH Priorities and Efforts to Address Trauma</i> <p>COMMUNITY HEALING & TRAUMA PREVENTION CENTER</p> <p>Ms. Beatriz Navarro informed the Commission about the launch of the new Community Healing and Trauma Prevention Center (CHTPC). She stated that CHTPC was launched on September 2018 and provides a safe space for community members by providing healing and trauma prevention services. She stated that surveys were conducted by CHTPC with responses from residents in the community focusing on more traditional talk therapy, healing arts, and cultural services. She stated that the numbers of participants have increased from 160 participants in September 2018 to 460 in November of 2018. CHTPC also provides dietician consultation for members of the healing center as well as additional youth programs for the youth in the community. Ms. Navarro provided the Commission with a tour of the healing and trauma prevention center.</p> <p>OFFICE OF VIOLENCE PREVENTION (OVP)</p> <p>Ms. Welsing informed the Commission about OVPs Subject Matter Expert Interviews and Listening Sessions in LAC. She provided the Commission with information on the following information charts:</p> <ul style="list-style-type: none"> • <i>First 5 LA Funds and Support for Strategic Planning</i> • <i>Prevention Institute Report - Key Findings and Recommendations</i> • <i>OVP Strategic Planning Goals</i> • <i>OVP Types of Violence</i> • <i>OVP Coordination</i> • <i>Trauma Challenges and Need for Support</i> <p>The Commission extended gratitude to Ms. Welsing for her presentation.</p> <p>Commission Chair Crawford thanked Ms. Welsing for a great presentation and stated the Commission looks forward to a future presentation.</p>	
<p><u>VI.</u> <i>New Business</i></p>	<p>CERTIFICATE OF APPRECIATION FOR OUTGOING CHAIR</p> <p>New Commission Chair Crawford presented a certificate of appreciation to the outgoing Commission Chair (Champommier) and congratulated him for his hard work and dedication as Commission Chair for year 2018.</p>	

**COUNTY OF LOS ANGELES
PUBLIC HEALTH COMMISSION
January 10, 2019**

	<p>PHC ANNUAL REPORT TO THE BOARD</p> <p>Commission Chair Crawford informed the Commission about the draft Annual Report to be submitted to the Board and the need for the Commission's review and finalization. She asked the Commission Secretary to provide copies of the draft annual report to all Commissioners.</p> <p>DISCUSS POTENTIAL TOPIC PRESENTATION IDEAS FOR 2019</p> <p>Commission Chair Crawford asked DPH for topic recommendations of interest to the Commission for the months of April and May 2019.</p> <p>Ms. McClaire provided the Commission with a few topics/ideas of interest to present to the Commission for the months of April and May 2019.</p> <p>Commissioner Champommier commented on the long-term projects, and the establishment of the office of the Inspector General for the California Environmental Protection Agency.</p> <p>Dr. Ferrer suggested inviting the PH Director of Environmental Health to provide a presentation for the Commission on regulatory authorities.</p>	<p><i>On January 15, 2019, the Commission Secretary provided the Commission with a draft copy of the PHC's Annual Report for their review and update.</i></p>
<p><u>VII. Public Comment</u></p>	<p>Ms. Denise Tom commented on the Health Services integration and efforts between Cedar Sinai and the California Community Foundation. She informed the Commission about available grants and the existing mapping of services through the Substance Abuse Prevention and Control Program, among other programs.</p> <p>Mr. Diego Rodriguez of Alma Family Services expressed gratitude for DPH's leadership and efforts for a true community-based approach and for ideas on non-traditional approaches around healing. He commented on grants received that will be centered at LAC+USC Wellness Center for areas covering SPAs 4 and 7.</p> <p>Dr. Ferrer commented on the opening of a new DPH Resource Center in the fall of 2018 for treatment services. She stated that the focus of the resource center is to make sure people are well connected to substance use treatment services.</p> <p>Ms. Beatriz informed the Commission about services being requested at the healing center by family members for commercial sexually exploited children.</p>	

**COUNTY OF LOS ANGELES
PUBLIC HEALTH COMMISSION
January 10, 2019**

	<p>She also informed the Commission about the new upcoming 6-week project to support families and LGBT youth coming out and that are experiencing difficulty transitioning.</p>	
<p><u>VIII.</u> <u>Adjournment</u></p>	<p><i>MOTION: ADJOURN THE MEETING</i></p> <p><i>The PHC meeting adjourned approximately at 12:06 pm</i></p>	<p><i>Commission Chair Crawford called a motion to adjourn the meeting. The motion passed with Commissioner Champommier, seconded by Commissioner Dorian. All in favor.</i></p>